jasonfreeman

INSPIRATIONAL SPEAKER / PERSEVERANCE COACH

BUSINESS INFO

Jason W. Freeman, LLC
2522 West 41st Street #174
Sioux Falls, SD 57105
(619) 823-8536
Jason@JasonWFreeman.com
JasonWFreeman.com

DATE/PLACE OF BIRTH

July 27, 1975 / Kansas City, MO

EDUCATION

Augustana College,
Sioux Falls, SD
1994 - 1999
BA English
BA Social Work

O'Gorman High School,
Sioux Falls, SD
1991 - 1994

POSTGRADUATE

University of Nebraska,
Omaha, NE
July 2006 - January 2008
MFA (Master of Fine Arts-Poetry)

PROFESSIONAL DEVELOPMENT

Finest City Improv
(Improvisation Classes to hone skills in creativity and teamwork)
January 2017-December 2018

Connectology
(daylong retreat led by Bob Donnell to improve participant networking skills)
Newport Beach, CA
April 2016

Courageous Speaking
(weekend retreat led by Jeff Salz focused on preparing participants to give a TEDx-worthy talk)
North County San Diego, CA
February 2016

Cocoon
(weeklong business and creativity retreat led by Kyle Cease)
Big Bear, CA
June 2014

Pilgrimage of the Heart Yoga-
200 Hour Yoga Teacher Training
(poses, anatomy, teaching skills, history and culture)
San Diego, CA
February 2014-June 2014

Landmark Education
(personal development programs)
San Diego, CA
October 2010-July 2012

Laughter Yoga Teacher Training
(Laughter Yoga is a practice involving prolonged voluntary laughter done for social and health benefits)
Chicago, IL
April 2010

Levity Institute Coaching Program
(Life Coaching techniques with an emphasis on using laughter as a coaching tool)
West Palm Beach, FL
February 2010-June 2010

Laughter Yoga Leader Training
(Laughter Yoga is a practice involving prolonged voluntary laughter done for social and health benefits)
Sioux Falls, SD
January 2009

BUSINESS COACHES

Rebecca Tolin, Fall 2019-Summer 2020
Jeff Salz, Spring-Summer 2016
Bob Donnell, Spring 2016
Kyle Cease, July 2014-August 2015
Zsuzsa Novak, Spring 2014
Alison Pena, Spring 2014

EMPLOYMENT HISTORY

Jason W. Freeman, LLC
Formerly, Heroic Yes! Productions
January 2010 to present
Professional Speaker
Perseverance Coach

Sioux Vocational Services- Now LifeScape
(assisting people with developmental disabilities in their homes)
Sioux Falls, SD
July 1999-January 2010

SPEAKING ENGAGEMENTS

War Game Group
Facebook Group
Via Facebook Live
May 2021

Infinite Possibilities Series
with Michelle Cameron Coulter,
Olympic Gold Medalist
Virtual Summit
December 2020

Jay Nolan Community Services
Mission Hills, CA
Via Zoom
December 2020

Coalition of Local Service Providers (CLASP)
Stockton, CA
Via Zoom
November 2020

Lifescape
Sioux Falls, SD
Via Zoom
October 2020

Carlsbad Chamber of Commerce
Carlsbad, CA
Via Zoom
September 2020

ELM- Easy Life Management
Carlsbad, CA
Staying Connected and Strengthening
Our Community Speaker Series
Via Zoom
July 2020

Encinitas Coastal Rotary Club
Encinitas, CA
Via Zoom
May 2020

Dell Rapid Chamber of Commerce
Dell Rapids, SD
March 2020

National Association of Social Workers
of South Dakota
Annual Conference (held virtually)
March 2020

Morena Valley Unified School District
Morena Valley, CA
January 2020

15th Annual Young Men's Leadership
Conference
Mount Miguel High School
Brother 2 Brother Program
Spring Valley, CA
January 2020

Peer Power Partners
(spoke to 3,000 5th - 12th graders)
Austin, MN
October 2019

South Dakota Rehab
Action Conference
Sioux Falls, SD
October 2019

University of South Dakota
Vermillion, SD
October 2019

Networkx
San Diego, CA
September 2019

Fun and Professional Networking
Carlsbad, CA
August 2019

Creative Support Alternatives
San Diego, CA
August 2019

American Business Women Association:
Soaring Eagles Chapter
San Marcos, CA
August 2019

Central Elementary
San Diego, CA
July 2019

Accelerated Growth Club
San Diego, CA
July 2019

Patrick Carney's Mastermind
Vista, CA
June 2019

Total Living Concept
(co-led with Peter Leidy)
Kent, WA
June 2019

Quillo Nation
Via Zoom
June 2019

Habitude Warrior Conference
San Diego, CA
April 2019

California Supported Living
Network Conference
San Diego, CA
April 2019

Aderans Hair Goods, Inc
Conference
Las Vegas, NV
March 2019

State Council On Developmental Disabilities
All Staff Conference
Sacramento, CA
February 2019

Extreme Leadership Experience
San Diego, CA
February 2019

University of South Dakota
Vermillion, SD
February 2019

O'Gorman High School
Sioux Falls, SD
February 2019

Sioux Falls New Technology High School
Sioux Falls, SD
February 2019

La Jolla Country Day School
San Diego, CA
January 2019

"Speak For Yourself" Event
San Diego, CA
November 2018

University of South Dakota Center
for Disabilities
Sioux Falls, SD
October 2018

Supported Life Conference
Sacramento, CA
October 2018

Northwest Area Education Agency
Sioux City, IA
August 2018

Iowans With Disabilities In Action
Mark Your Mark Conference
Honey Creek Resort, IA
September 2018

Dakota Abilities
Sioux Falls, SD
June 2018

Solona Beach Chamber of Commerce
Solana Beach, CA
May 2018

La Jolla Country Day School
San Diego, CA
May 2018

La Jolla High School
San Diego, CA
May 2018

Habitude Warrior Conference
Phoenix, AZ
April 2018

Thrive Public Schools
San Diego, CA
April 2018

Judson University
Elgin, IL
Via Zoom
March 2018

Rollins College
Winter Park, FL
Via Zoom
March 2018

Southwest Minnesota State University
Marshall, MN
Via Zoom
March 2018

University of South Dakota
Vermillion, SD
March 2018

Just In Time For Foster Youth
Joint presentation
San Diego, CA
February 2018

Awkwardly Awesome Afternoon
Self-produced event
San Diego, CA
January 2018

La Playa Books
Book reading of "Awkwardly Awesome:
Embracing My Imperfect Best"
San Diego, CA
November 2017

Awkwardly Awesome Afternoon
Self-produced Event
San Diego, CA
November 2017

Habitude Warrior Conference
Boston, MA
November 2017

New Technology High School
Sioux Falls, SD
October 2017

Awkwardly Awesome Afternoon
Self-produced event
San Diego, CA
October 2017

Judson University
Elgin, IL
Via Zoom
October 2017

TEDx Sugarland
Sugar Land, TX
September 2017

Awkwardly Awesome Afternoon
Self-produced event
San Diego, CA
September 2017

Yesplace
Temecula,CA
September, 2017

Book Launch of "Awkwardly Awesome:
Embracing My Imperfect Best"
Self-produced event
San Diego, CA
July 2017

Book reading of "Awkwardly Awesome:
Embracing My Imperfect Best"
Rock County Community Central Library
Luverne, MN
June 2017

LifeScape
Sioux Falls,SD
June 2017

Book reading of "Awkwardly Awesome:
Embracing My Imperfect Best"
Zandbroz Variety
Sioux Falls, SD
June 2017

Habitude Warrior Conference
Dallas, Tx
June 2017

BD Medical Technology
San Diego, CA
May 2017

University of South Dakota
Vermillion, SC
Via Skype
April 2017

La Mesa Rotary April
La Mesa, CA
April, 2017

Skyline School
Solana Beach, CA
February, 2017

Yesplace
Temecula,CA
February, 2017

La Mesa Lions Club
La Mesa, CA
January, 2017

Keller Williams
San Diego, CA
November 2016

Habitude Warrior Conference
San Diego, CA
November, 2016

Kiwanis Builders Club
San Diego, CA
November 2016

Encinitas Rotary Club
Encinitas, CA
October 2016

San Diego State University
San Diego, CA
October 2016

The 360 Business Networking Group@
The University Club
San Diego, CA
October 2016

Poway Kiwanis Club
Poway, CA
October 2016

Sioux Empire Lions Club
Sioux Falls, SD
October 2016

Augustana College
Sioux Falls, SD
October 2016

Health and Wellness Day
San Diego, CA
September 2016

Allied Gardens Kiwanis Club
San Diego, CA
September 2016

San Diego Downtown Lions Club
San Diego, CA
September 2016

Hillcrest Lions Club
San Diego, CA
August 2016

California Teachers Summit
San Marcos, CA
July 2016

Rancho Santa Fe Rotary Club
Ranch Santa Fe, CA
July 2016

People First Conference
San Diego, CA
June 2016

Home of Guiding Hands
El Cajon, CA
June 2016

The Arc of San Diego
San Diego, CA
May 2016

Logan Elementary
San Diego, CA
May 2016

Habitude Warrior Conference
Houston, TX
May 2016

Business Unusual Breakfast Club
San Diego, CA
May 2016

The New Narrative
San Diego, CA
May 2016

The Water Mill Community House
Long Island, NY
April 2016

Randolph College
Lynchburg, VA
April 2016

Home of Guiding Hands
El Cajon, CA
March 2016

Thrive Talks
San Diego, CA
March 2016

Next Level by Association
Newport Beach, CA
January 2016

The Arc of San Diego
San Diego, CA
January 2016

Department of Veterans Affairs
Aspire Center
San Diego, CA
November 2015

Habitude Warrior Conference
San Diego, CA
November 2015

Universal Seminars
St. Louis, MO
September 2015

Augustana College
Sioux Falls, SD
September 2015

Department of Veterans Affairs
Aspire Center
San Diego, CA
August 2015

Kyle Cease's Evolving Out Loud
Glendale, CA
August 2015

Universal Seminars
San Diego, CA
June 2015

Logan Elementary
San Diego, CA
May 2015

San Diego Unified
Stuttering Support Group
San Diego, CA
May 2015

Wilkes University
Wilkes-Barre, PA
April 2015

Secret Knock
San Diego, CA
April 2015

Logan Elementary
San Diego, CA
March 2015

Kyle Cease's Evolving Out Loud
Venice Beach, CA
March 2015

Kyle Cease's Evolving Out Loud
Venice Beach, CA
February 2015

South Pacific Financial
Orange County, CA
Fall 2013

All American Laughter Yoga Conference
Estes Park, CO
September 2009

TELEVISION

Links to certain TV appearances available by clicking here

KSFY News (an ABC Affiliate)
"Bravery coach speaks on beauty of imperfection at Sioux Falls event"
October 2018

Midco Sport Magazine
"Midco Sports Magazine - Jason Freeman"
Midco Sports Network
December 2016

RADIO

Links to certain radio appearances available by clicking here

Here and Now
"Yoga, Courage and 2018
with Jason Freeman"
SDPB Radio
January 2018
Click Here to Listen

Here and Now
"Awkwardly Awesome Jason Freeman"
SDPB Radio
December 2017
Click Here to Listen

I Love Life with Jerry Dahmen
KXRB Classic Country 1000
August 2016

NEWSPAPER

Argus Leader
"Brandon native finds confidence as 'Awesome' author"
June 22, 2017
Click Here to Read

PODCASTS

Links to certain podcast episodes available by clicking here

Awkwardly Awesome Podcast
w/ Jason Freeman
Host
October 2020 - present
Click Here to Listen

Be Brave at Work
"Episode 53- Jason Freeman"
October 2020
Click Here to Listen

247 Real Talk with Julian
Turning Defeat into Triumph -
The Jason Freeman Story
September 2020
Click Here to Listen

Fear Not Podcast
"Jason Freeman teaches us how to have the courage to be ourselves"
October 2017
Click Here to Listen

The C Method
"'Daily Bravery' & Learning To Love Your Own Voice with Jason Freeman"
September 2016

The Rebel Entrepreneur Show
"Yes Man, Denis Nurmela & Mr. Speech Impediment, Jason Freeman"
September 2016

Internet Marketing and Business Solutions
"Ronald Couming interviewing
Jason Freeman"
September 2016

Yield Mastermind Podcast
"Overcoming adversity with Jason Freeman, speaker, coach and soon-to-be author"
May 2016

Leading Edge Parenting
"F*ck Normal"
May 2016

The Rags To Niches Podcast
"Speech Impediment to professional speaker w/ Jason"
April 2016

EO Fire with John Lee Dumas
"Why YOUR unique voice is one of your biggest assets with Jason Freeman"
March 2016

Join Up Dots
"Jason Freeman: Embracing His Challenges and Loving Life"
January 2016

Mark My Words with Mark Shall-Catching
"Basketballs with My Glasses!"
September 2015

Leaders of Transformation
"Turning your limitations into your greatest blessing"
September 2015

The Inspiration Show
"Episode # 147 Jason Freeman"
2012

BOOKS

Freeman, Jason
"Awkwardly Awesome: Embracing My Imperfect Best"
Heroic Yes! Productions
April 2017

Freeman, Jason and Agee, Sheila
"Quiet In Bailey Ravine: Poetry and Painting from the Prairie"
2003

ON-LINE ARTICLES

Links to certain on-line articles available by clicking here

Freeman, Jason
"Interview with Author Jason Freeman"
NFReads.com
January 17, 2020
Click Here to Read

Freeman, Jason
"How to Accept Your Sensitivity as a Gift"
2020 Empowerment Guide for Sensitive People
January 15, 2020
Click Here to Read

Freeman, Jason
"Is Embracing Imperfection the Secret to Loving Your Business?"
Life By Design
February 6, 2018
Click Here to Read

Freeman, Jason
"When I Stopped Using My Cerebral Palsy as Camouflage for My Anxiety"
The Mighty
June 17, 2016

Freeman, Jason
"The Magic of Public Speaking"
Project Positive Change
May 2016

Freeman, Jason
"What I Would Tell a Child Who Asks Me Why I Talk Funny"
The Mighty
April 5, 2016

Freeman, Jason
"From My Limitations to Achieving the Extraordinary"
On Being with Krista Tippett
April 3, 2016

Freeman, Jason
"Why Trying To Be 'Normal' Almost Ruined My Life"
The Mighty
September 10, 2015

Freeman, Jason
"A Letter to the Person Who Judged Me for My Cerebral Palsy"
The Mighty
August 27, 2015

APP CONTENT

Quillo
Indianapolis, IN
Contributor
January 2019 - February 2020